

## gratitude café to start your day

- ☺| am grand - fresh fruit & lemon cornbread w orange zested Earth Balance \$ 7
- ☺| am earthy - cashew french toast sprinkled w sweet & savory spices \$ 9
- ☺| am appreciated - two portabella breakfast sliders w guacamole & salsa \$ 10
- ☺| am inspiring - peanut butter banana or cream cheese & berry crunchy crepe \$ 9
- ☺| am playing - orange coconut multigrain pancakes w real butter & maple syrup \$ 9

### | am hungry

- ☺| am glowing - fine cheeses, nuts & berries, sesame crackers & fruit \$ 13
- ☺| am tasteful - organic blue corn crisps, fresh salsas, guacamole \$ 12
- ☺| am genuine - samples of surprisingly hot, sweet & spicy snacks \$ 13
- ☺| am grateful - lettuce wraps you stuff w quinoa, guacamole & black hummus \$ 10
  - ☺| am curious - warmed pita bread, hummus, ziki \$ 8
  - | am amazed - selection of fried perogies & sour cream \$ 11
  - ☺| am honored - black hummus veggie roll w sweet soy & ziki \$ 8
  - ☺| am admirable - soup of the day & garlic toast \$ 6
- ☺| am awesome - three mini sliders including bean, mushroom & bbq burgers \$ 11
- ☺| am thrilled - vegan sushi rolls w basil, pecans, avocado & edamame \$ 12
- ☺| am intentional - grilled three cheese sandwich served w dill pickles & ketchup \$ 7
- ☺| am filled - spicy chili, a taste of salad greens & garlic toast \$ 11
- ☺| am creating - spicy chickpea curry w brown rice & ginger miso salad greens \$ 13
- | am laughing - greek style veggie wrap, choose feta & olives, soup or salad greens \$ 11

### | am very hungry

you choose the ingredients, please ask for a menu board with the list of vegetables

- ☺| am happy - raw mixed green salad w everything you choose on top \$ 11
- ☺| am pleased - sandwich on marble rye, piled high w tastes of soup & salad \$ 12
- ☺| am appealing - the sooo delicious chili stuffed calzone w balsamic for dipping \$ 15
- ☺| am sated - stir-fry w pineapple coconut curry, sweet ginger soy or hot hoisin sauce \$ 14
- ☺| am unselfish - whole wheat stuffed burrito, quesadilla, or gluten free taco salad \$ 15
- ☺| am sharing - thin crust whole wheat or gluten free pizza w your delicious toppings \$ 17
- ☺| am participating - you tell us what you feel like creating to eat today \$ free

### | am still hungry

- ☺| am privileged - drunken berry banana split \$ 7
  - ☺| am angelic - raw, vegan crème pie w sticky nut crust \$ 7
  - ☺| am dreamy - chocolate & vanilla tofulati w/a shot of regular or decaf espresso \$ 7
  - ☺| am treasured - raw, vegan nut cheezecake in so many flavors \$ 7
- ☺ can be made VEGAN    ☺ can be made WHEAT & GLUTEN FRIENDLY    ☺ contains NUTS